

PERSONAL DEVELOPMENT GOALS PLAN For September 2013-June 2014

RATIONALE: As a student at ITS, we want you to be not only learners in the classroom but also within the context of life in general and ministry in particular. It is critical for you to experience an ongoing integration between your academic studies and the rest of your student life including ministry in a local church. In order for this integration to occur, *it is important for you to attend and participate in the life of a local church.*

In addition to using an integrative model, we want you to develop in some significant areas of your life. To do so, we want you to write goals that will be important for your developmental growth in the various dimensions of your life—personal, spiritual, intellectual, and ministry leadership skills. This holistic approach will contribute to your overall growth as a follower of Jesus Christ. This holistic development can best occur in the classroom, in community life at ITS, and in a local church.

GRADING: Since personal developmental growth is so critical for our ministry, students will receive either a Pass or Fail on your ITS transcripts. The grade will be given by the Vice-President of Student Life. A Pass will be given to a student when the Personal Development Goals Plan has been satisfactorily completed.

PROCESS: There are specific phases to the fulfillment of your personal development goals:

- 1) Establish yourself with a church within 4 weeks (by the end of September).
 - For *new students*, we do not expect you to be involved in a specific ministry in a church in the first quarter. However, it is **very** important to make it known to the church leadership (pastor, elders) that you need to be involved in ministry while at ITS. Your 1st Quarter goals must demonstrate how you will take steps toward ministry participation in the church.
 - For *returning students*, we expect you to identify your ministry (it may be what you have previously done in the church or it may be a new ministry) and establish ministry leadership goals within the first quarter.

- 2) Complete the *Personal Development Goals Plan* in order to establish significant goals for the school year by the September 30th. By the end of the school year, we want to see how you have developed in significant areas. In order to establish your goals, they must be:
 - Realistic. Your goals must be reasonable and at the same time the goals must “stretch” so there is development in your life. In other words, do not establish goals that do not help you to develop as a person.
 - Measurable. Your goals must not be vague (e.g. “My goal is to grow closer to God”). Instead, the goals must be either quantitative (e.g. “I will exercise 3 times per week by doing...”) or specific (e.g. “I will work on the ministry skill as a team player by focusing on 3 key aspects of teamwork”)

- Supervisor approved. Your ministry leadership skills goals need to be carried out in the context of your ministry at the church you are attending. Thus, your ministry assignment and the related goals for your ministry need to be discussed and approved by your supervisor at the church you are attending.

3) Meet with the VP of Student Life during the first week of October to evaluate your *Personal Development Goals Plan*. It is possible you may have to revise your goals so that they are satisfactory for your growth as a Christian leader.

4) Meet with the VP of Student Life at the end of each quarter to evaluate your progress with your *Personal Development Goals Plan*. Your Pass/Fail grade will be given at the end of the 3rd quarter.

STUDENT INFORMATION: Please complete the following information for the records.

Student's Name:

Academic Year:

Church Name:

Church Address:

Phone #

Supervisor's Name:

Phone #

Email:

I. SPIRITUAL DEVELOPMENT

A. GOALS

State three goals (one per quarter) you want to focus on to develop your personal spiritual life. Be sure to give some specific ways you will be able to measure each of these goals.

1st Quarter

2nd Quarter

3rd Quarter

B. RATIONALE FOR THESE GOALS

Describe the reason why you want to develop each of these goals in your life. They may be due a specific personal need, an area you want to explore, or an area you want to improve.

1st Goal

2nd Goal

3rd Goal

II. INTELLECTUAL DEVELOPMENT

A. GOALS

State three goals (one per quarter) you want to focus on to develop your intellectual life. Be sure to give some specific ways you will be able to measure each of these goals.

1st Quarter

2nd Quarter

3rd Quarter

B. RATIONALE FOR THESE GOALS

Describe the reason why you want to develop each of these goals in your life. They may be due a specific personal interest, or an area you want to explore for ministry.

1st Goal

2nd Goal

3rd Goal

III. PERSONAL LIFE

A. GOALS

State three goals (one per quarter) you want to focus on to develop your personal life. Examples may include: reading, exercise, sabbath-keeping. Be sure to give some specific ways you will be able to measure each of these goals.

1st Quarter

2nd Quarter

3rd Quarter

B. RATIONALE FOR THESE GOALS

Describe the reason why you want to develop each of these goals in your life. They may be due a specific personal interest, or an area you want to explore for ministry.

1st Goal

2nd Goal

3rd Goal

IV. MINISTRY LEADERSHIP SKILLS

A. GOALS

State three goals (one per quarter) you want to focus on to develop your ministry leadership skills. Be sure to give some specific ways you will be able to measure each of these goals.

1st Quarter

2nd Quarter

3rd Quarter

B. RATIONALE FOR THESE GOALS

Describe the reason why you want to develop each of these goals in your life. They may be due a specific personal interest, or an area you want to explore for ministry.

1st Goal

2nd Goal

3rd Goal